

**ADVISORY COUNCIL ON THE STATE PROGRAM FOR WELLNESS AND
THE PREVENTION OF CHRONIC DISEASE**

**MINUTES
JANUARY 16, 2020
1:00 p.m.**

The Advisory Council on the State Program for Wellness and the Prevention of Chronic Disease held a public meeting on 1/16/2020, beginning at 1:00 p.m., at the following locations:

Division of Public and Behavioral Health
4150 Technology Way, Room 301
Carson City, NV 89706

Division of Health Care Quality and Compliance
4220 S. Maryland Parkway, Building D, Ste. 810
Las Vegas, NV 89119

Division of Health Care Financing & Policy
1010 Ruby Vista Drive, Suite 103
Elko, NV 89801

Department of Health and Human Services
Aging and Disability Services Division
2667 Enterprise Road
Reno, NV 89513

Teleconference Number: (877)-848-7030 Access Code: 2541093

BOARD MEMBERS PRESENT

Tom McCoy, MA, JD, Chair
Stacy Briscoe, MS
Christina Demopoulos, DDS*
Erin Dixon, MS
Tina Dortch, MPA
Ihsan Azzam, MD
Chris Needham, MBA
Andrew Snyder
Michelle Gorelow, MA*

BOARD MEMBERS NOT PRESENT

Yvanna Cancela
Christine Syverson

DIVISION OF PUBLIC AND BEHAVIORAL HEALTH STAFF PRESENT

McKenna Bacon, Office Manager,
Child, Family and Community Wellness (CFCW), Division of Public and Behavioral Health (DPBH)
Laura Borntreger, Grants and Projects Analyst II, Chronic Disease Prevention and Health Promotion (CDPHP), CFCW, DPBH
Kellie Ducker, Health Systems Manager, CDPHP, CFCW, DPBH
Becky Follmer, Administrative Assistant II, CDPHP, CFCW, DPBH
Lily Gu, Biostatistician, CDPHP, CFCW, DPBH
Michelle Harden, Women's Health and Colorectal Cancer Evaluator, CDPHP, CFCW, DPBH
Lily Helzer, MPH, Population Health Services Manager, CDPHP, CFCW, DPBH
Karissa Loper, MPH, Deputy Bureau Chief, CFCW, DPBH
Michele Krump, MS, Chronic Disease Program Evaluator, CDPHP, CFCW, DPBH
Courtney Lococo, CDC (Centers for Disease Control and Prevention) 1817 Evaluator, CDPHP, CFCW, DPBH
Mallory Otto, Administrative Assistant II, CDPHP, CFCW, DPBH
David Olsen, MPH, Quality Improvement Manager, CDPHP, CFCW, DPBH
Kristi Robusto, PhD, MS, Section Manager, CDPHP, CFCW, DPBH

Andrea Rodriguez, Fiscal Trainee, CDPHP, CFCW, DPBH
Amanda Santos, MPH, Colorectal Cancer Coordinator, CDPHP, CFCW, DPBH
Lisa Sheretz, Policy and Systems Manager, CDPHP, CFCW, DPBH

OTHERS PRESENT

Maria Azzarelli, Manager, Southern Nevada Health District (SNHD)
Nicki Aaker, Director, Carson City Health and Human Services (CCHHS)
Bobbi Shanks, Elko County*
Mary Headley, Elko County*

*Present via telephone

1. Roll Call

Roll call was taken, and it was determined a quorum of the Advisory Council on the State Program for Wellness and the Prevention of Chronic Disease (CWCD) was present, per Nevada Revised Statute (NRS) 439.518 § 2.

2. Approve Minutes from the October 17, 2019 Meeting

Tom McCoy asked if there were any corrections to the minutes from October 17, 2019 meeting.

Christina Demopoulos, DDS stated she was present at the previous meeting [which was not reflected in the minutes].

CHAIR MCCOY ENTERTAINED A MOTION TO APPROVE THE MINUTES WITH THE CORRECTION TO ADD DR. DEMOPOULOS' PRESENCE AT THE PREVIOUS MEETING. A MOTION TO APPROVE WAS MADE BY DR. DEMOPOULOS, AND STACY BRISCOE SECONDED THE MOTION WHICH PASSED UNANIMOUSLY WITHOUT PUBLIC COMMENT.

3. MAKE RECOMMENDATIONS FOR VICE CHAIR AND BOARD MEMBERS: 2(K), 2(E), AND 2(F)

Chair McCoy asked for recommendations for vacant positions: 2(E), 2(F), 2(K), and vice chair.

Chris Needham asked what the role of the Vice Chair is.

Chair McCoy said the Vice Chair serves as Chair in the Chair's absence.

Stacy Briscoe nominated Mr. Needham, and Mr. Needham nominated Ms. Briscoe.

Ms. Briscoe made a motion to appoint Mr. Needham as Vice Chair.

Ihsan Azzam seconded the motion to appoint Mr. Needham, which passed unanimously without public comment.

Chair McCoy said suggestions for other positions could be submitted to Becky Follmer.

4. WELCOME NEW LEGISLATIVE MEMBERS – SENATOR YVANNA CANCELA AND ASSEMBLYWOMAN MICHELLE GORELOW

Chair McCoy extended a welcome to the new legislative members Senator Cancela and Assemblywoman Gorelow.

Chair McCoy mentioned the legislature appoints members to this council and gave examples.

5. Review Meeting Calendar for 2020

Chair McCoy reviewed the 2020 meeting dates and times. He asked if there were any comments. There were none.

6. Present Nevada Academic Content Standards for Health

Andrew Snyder presented the report. ([Nevada Department of Education Report \(NDE\) 01.16.20](#))

Chair McCoy asked if there were any questions.

Mr. Needham asked if the revision of health standards is a yearly process or if the update was prompted by a substantial need.

Mr. Snyder said the health standards are out- of-date and need to be revised.

Ms. Briscoe asked if nutrition and physical activity standards were included in the measures for health standards.

Mr. Snyder said the nutrition and physical activity standards are separate and were revised in 2014; they will revisit them next year [in 2021].

Ms. Briscoe asked if improving physical activity for homeschooled kids was included in the standards.

Mr. Snyder responded the standards were established only for public schools.

Tina Dortch asked if we are proceeding with consideration for cultural competency.

Mr. Snyder said these standards are written in a way they can be applied for all students.

Dr. Azzam said he knows we have utilized other practices to stress the importance of vaccination to students.

Mr. Snyder said vaccination standards are not incorporated into their health standards.

Chair McCoy asked if there were any more questions. There were none.

7. Present Chronic Disease Prevention and Health Promotion (CDPHP) Section Updates and Program Reports

Dr. Kristi Robusto presented the report. ([CDPHP Report 01.16.20](#))

Ms. Briscoe added vape alarms have been installed in some high schools.

Mr. Needham asked how much vape alarms cost.

Ms. Dixon said the alarms also monitor loud noises such as yelling or screaming.

Chair McCoy added the alarms also detect cigarette smoke.

Mr. Needham asked if installation of vape alarms is an initiative the council could get behind, potentially partnering with schools and installing the alarms.

Ms. Briscoe said Reno moms made it happen.

Ms. Briscoe asked if Mr. Snyder could bring it to table.

Mr. Snyder said the issue out of NDE's realm. NDE could support the initiative, although the initiative cannot be added to the standards.

Karissa Loper asked at whose discretion installation of the alarms is.

Mr. Snyder said these are district-level initiatives unless different directives come out of the legislative session.

Dr. Azzam stated the presence of the alarms could be perceived as hostile. He suggested aiming efforts toward tobacco prevention education, and he said that vaping is even worse than smoking tobacco.

Mr. Snyder said they are aiming to educate on the dangers of: vaping, smoking, THC, and any unidentified issues that may arise in the future.

Dr. Azzam said he is concerned vaping detectors may give false assurances, and we need to understand our youth.

Chair McCoy praised Dr. Robusto and the legislature for the early cervical and breast cancer screening efforts.

Dr. Azzam asked if the twelve (12) detected cases of breast cancer were caught early and treated in time?

Dr. Robusto said three (3) cases of ductal carcinoma in situ and nine (9) cases of breast cancer were detected; and she can get more in depth data as to where the cases stand now. The state program does not fund treatment, so patients are referred to other programs.

Dr. Azzam asked if we ensure people get treatment in a timely manner.

Dr. Robusto replied patients receive treatment in a timely manner.

Ms. Loper said cases are case managed.

Chair McCoy asked if anyone in Vegas had ideas regarding vaping.

Maria Azzarelli said a company has pitched devices to some school representatives, and the alarms cost two thousand dollars (\$2,000.00) each. There are other less expensive, more efficient options for enforcement. Children caught vaping in Clark County School District are forced to go to a day-long educational session outlining the dangers of vaping. Classes are only done in English. She reiterated there are many players involved in this discussion.

Chair McCoy asked if there were any more questions. There were none.

8. Present Local Health Authority (LHA) Chronic Disease Prevention and Health Promotion Updates and Program Reports

Southern Nevada Health District (SNHD)

Maria Azzarelli presented the report. ([SNHD Report 01.16.20](#))

Chair McCoy asked for questions

Ms. Dortch said the Office of Minority Health and Equity (OMHE) has partnered with other organizations in efforts to implement stigma reversing activities and expand utilization of services [food-based, tobacco related, etc.].

Chair McCoy thanked Ms. Azzarelli and asked if there were any more questions. There were none.

Washoe County Health District (WCHD) Chronic Disease Prevention Program

Ms. Dixon presented the report. ([WCHD Report 01.16.20](#))

Mr. Snyder asked whom they contact in the middle schools.

Ms. Dixon stated they go through a coordinator who triages athletic departments.

Dr. Azzam said we are doing well considering we were promoting e-cigarettes. He continued we should not be policing kids; we need to educate them.

Chair McCoy said unfortunately illness and injury [resulting from vaping] resulted in folks “waking up” to the issue.

Carson City Health and Human Services (CCHHS)

Nicki Aaker presented the report. ([CCHHS Report 01.16.20](#))

Ms. Loper asked what kind of work the community health worker (CHW) will do.

Ms. Aaker said the CHW can assist in facilitating follow-up medical care as a part of the Forensic Assessment Services Triage Team (FASTT) services. She continued they also hired a CHW for the family planning clinic.

Dr. Demopoulos said all dental students will graduate knowing about the Tobacco Quitline.

Elko County

Ms. Dixon presented on behalf of Elko. ([ECHB Report 01.16.20](#))

Ms. Dixon suggested a meet and greet to introduce CDPHP staff.

Chair McCoy thanked Ms. Dixon and asked if there were any more questions. There were none.

9. Preventive Health and Health Services (PHHS) Block Grant Update

David Olsen presented the update. ([PHHS Report 01.16.20](#))

Ms. Dixon asked if the annual workplan process will begin soon.

Dr. Robusto said we will do a public hearing in June.

Chair McCoy asked if there were any more questions. There were none.

10. Public Comment

Chair McCoy asked if there was any public comment.

Ms. Dortch said April is minority health awareness month. She is involved in a project with the University of Nevada Reno called Making Health Happen. April 16, 2020 is National Healthcare Decision day. Her office is producing a health literacy forum. The Office of Consumer Health and Assistance will be the lead presenter. The All of Us event will be returning with eight stops around the state in May. February 21, 2020 is Rare Disease Recognition Day. I Am Not My Disease, a support group forum, will take place on February 1, 2020.

Ms. Loper said Ms. Dortch could reach out to Ms. Follmer to ensure dissemination of information.

Chair McCoy asked if there were any more questions or comments. There were none.

11. Adjournment

CHAIR MCCOY ENTERTAINED A MOTION TO ADJOURN THE MEETING. A MOTION TO ADJOURN WAS MADE BY MS. DIXON, AND MR. NEEDHAM SECONDED, THE MOTION WHICH PASSED UNANIMOUSLY.

THE MEETING ADJOURNED AT 2:18 P.M.